



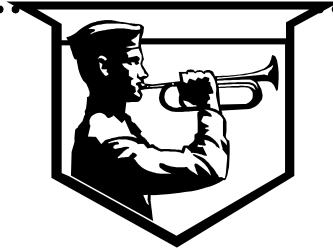
Hawk Ridge Putterings

Volume 10, Issue 1

January 2011

JANUARY BIRTHDAYS

- Vincente Angeles 1
- Judy Koehr 4
- Perry Wood 5
- Nancy Withey 6
- Delores Behrens 8
- Don Repke 8
- Rick Wolz 10
- Steve Aubuchon 11
- Jerry Stephenson 13
- Huguette Duff 15
- Donna Bray 15
- Rich Singer 16
- Sally Wood 17
- Diane Danielson 18
- Vera Norman 18
- Lowell Barnes 19
- Amos Klump 21
- Gerri Pope 22
- Ron Nosal 22
- Larry McGill Jr. 23
- Linda White 23
- Larry Marten 25
- Lanny Lamont 26
- Sonie Singer 26
- Judy Jacques 30
- Larry Knopfel 31
- Sharon Huston 31



DIRECTOR'S CORNER

2011! We made it another year, but who's counting? While I hope everyone has enjoyed all the celebration with family and friends, the cycle begins anew and I have a few things planned to keep you busy in January!

For those of you wanting to start or stick with a fitness routine, Kathleen is back with three classes to help you stay fit; for the gamblers in the neighborhood, we have two dates of BINGO available for you to try for some early winnings; plus Joyce is back to help teach some quick and easy cuisine for those looking for meal ideas; and last but not least, I have a fun trip planned to play Demolition Ball. All the details and sign up sheets are with-in this issue.

I must thank all of you for making my first year here with you such a wonderful experience, it has truly been a pleasure getting to know all of you. I look forward to a new year with new ideas to keep you active and as always, please let me know any ideas you have....my door is always open!

Renee

Upcoming Events

January 15th

Bingo 7 pm

January 18th

Questers Program 7pm

January 20th

Demolition Ball 10 am

January 28th

Bingo 7 pm

January 30th

Bright Star 2pm

January Anniversaries

L & J Ketterer 10

R & G Wolfram 21

P & L Mann

J & J Lonigro 22

B & S Ruddick 15

E.J. & J. Walden 27

J & V McGauley 15



Heritage of Hawk Ridge

Office Hours:

Mon - Sat 9 am - 5 pm

Office Number:

636-561-7895

Office Fax:

636-625-6646

www.hhrlifestyle.org

HHR Post-It Notes



Cooking with Joyce

12 week session begins Tuesday, January 11th.

Tuesday 11:30 am—12:30 am

A maximum of 16 residents per class

Cost is \$16.00 per resident to cover cost of food
for the program.

See the attached flyer and sign up!

Hey HHR.....

Let's Have Some Fun with a
Field Trip to

Demolition Ball

Thursday, January 20th

11 am to 1 pm

Bus / Carpools Depart at 10:00am From
the Clubhouse

Space is limited to the first 40 residents
who sign up. Pizza and soda will be
served.

This is a bumper car sport that is a lot of
fun; but it does require physical activity.

(see sign up sheet)



WINTER FITNESS PROGRAMS

Stay fit this winter with one of the follow-
ing three **complimentary** fitness classes
being offered complimentary to HHR Resi-
dents. Classes will be a 50 minute workout
for 12 weeks with

Kathleen Johnson.

Classes start January 10th!

Strength Training

Monday's

8:30 am - 9:20 am

Attendees will need to
bring a light and me-
dium

hand weight to class.



PiYo™

(a pilates / yoga combo)

Wednesday's

8:30 am –9:20 am

Attendees will need to bring a
mat to class.

Chair Aerobics

Wednesday's

9:30 am - 10:20 am



See attached sign up sheet to enroll
for one of the above classes.

The Bragging Rights Board

BRIDGE CLUB NEWS

Daytime Bridge Results:

12/4/10

High - Jane Ehrle
2nd - Mary Heideman
Low - Sandra Dee

12/15/10

High - Dottie Beattie
2nd - Linda Bird
Low - Lucille Ball

Want to Learn to Play Duplicate Bridge

6 FREE classes will be held January 9 –
March 27, 2011 on the 2nd and 4th Sunday,
taught by Janet Vontz,
2 — 4:30 pm at the Clubhouse Card Room



Hand & Foot Scores

Wednesday Evening

Shirley DeAvilla 79,270

Friday Afternoon

Lynn Rogers 49,945



BINGO

SATURDAY

January 15th

7 pm—9 pm

&

FRIDAY

January 28th

7 pm—9pm

COST IS \$10 for 3 CARDS
PAY CASH for your cards at the
DOOR

Sign up on flyer slip, limited to 80
players; Bring your own drinks and
a snack to share.

Got a Complaint????

Please help us help you;
call Management By McDaniel and let them
know your concern. If you have an issue with
snow removal, grass cutting, etc., Megan will
handle the issue and report back to you.

Please do not direct your comments to
the vendors hired for the work or
their employees.

Thank You,
Management

The Fun Of It All!



The Cup of Christmas Tea was another glowing success in 2010! The event looked at fashion and family “Then & Now” and the crowd was wowed with great entertainment, wonderful fashions, and a great meal. Once again, the event was “sold out” as residents and their guests have come to cherish this annual event sponsored by the Care and Concern Committee of HHR. From the creative talents of Betsy Miller, to the beautiful table settings of each host, things went off without a hitch and the ladies were clearly appreciative of everyone’s efforts. The only question left is “how do we top this next year?” We’ll just have to wait and see!