



Hawk Ridge Putterings

Volume 12, Issue 3

March 2013



FLYNN'S CORNER

Well, the snow finally arrived and winter didn't miss us after all! I enjoy the beauty of the snow, but the clean up is a mess every year.

March will have a new event this year, as the Wentzville Fire Department has selected us for their community outreach program. I think this will be a great event and a wonderful opportunity to meet our firefighters and express our gratitude for their efforts! Please make sure you sign up, as a head count will be very important.

St. Patrick's is always a good time, so be sure to get your registration in and plan on a fun filled evening. Being just a wee bit Irish...I hope to see everyone sporting their green!

*See you at the clubhouse,
Renee*

Upcoming Events

March 9

Bingo 7 pm

March 10

Alderman Zito's Wine Tasting 2 pm

March 12

Questers Adventures Trip 9:30 am
Stamp Camp 1 pm

March 17

St. Patrick's Party 5 pm

March 21

Questers Explorer Trip 9:30 am

March 21

Golfer's Meeting 6:30 pm

March 27

Lady Hawkes Meeting 10 am

March 22

Wentzville Fire Dept Golf 2pm
Cocktails 6pm
Dinner 7 pm



Resident Spotlight FRED & BETTY Mc GAVRAN

Meet Betty and Fred McGavran. They have everything here at HHR: children and grandchildren living close, activities every day, and plenty of time to relax and enjoy their hobbies. One of their many talents is meeting new people and making the new people feel welcome here at HHR.

Betty retired after 27 years in the retail fashion business. Her elegance in dress demonstrates her flair for fashion. Her great love is her family and caring for her grandchildren when needed. Her major hobby is going to the movies; she is going to Los Angeles for the Academy Awards later this month. For first place she is nominating Argo; second place, Les Miserables; and third place, Lincoln. She wants to see if her ratings agree with the Academy. Betty doesn't just go to the movies; she studies the movies in the same way that an English professor might study a novel. (I am trying to get her to publish a flyer with abstracts of new movies. It would also contain the strengths and limitations of the movie and why. This would be a great addition to the quality of our movie-going here in HHR.) Betty also enjoys lunches and a dinner out with friends and attends the recently formed Bible Study group.

After 39 years with the Agriculture Department of the Federal government, Fred retired. In addition to having a chance to spoil his grandchildren, HHR presents him with all the activities he loves. He lives golf; if there are golfers out there he'll be there with his distinctive golf cart custom made with University of Kansas (KU) décor all over it. (Betty and Fred are transplants from the great state of Kansas.) Fred plays high roller poker one night a week; he plays horseshoes every Wednesday am; he belongs to the Monday morning Breakfast Club; and he belongs to Cowboy movie night group. If he isn't involved in any of these activities he watches KU basketball during their season. He is also a Cardinal baseball fan. He doesn't play all the time; every year Fred spends two months working for a CPA firm doing tax returns.

What do they like about HHR? Fred and Betty cherish the sincerity of the friends they've made here in the ten years they've resided in HHR and the many activities and social functions available. Betty and Fred will be remembered for their unique Halloween costumes, especially the Flintstones.

By Barb Heater

Heritage of Hawk Ridge

Office Hours:

Mon - Fri 9 am - 5 pm

Sat 9 am - 2 pm

Office Number: 636-561-7895

Office Fax: 636-625-6646

www.hhrlifestyle.org

HR Post-It Notes



Cooking with Joyce

Friday's 11 am—12 noon
April 5th through May 24th

cost is \$25 per person

Make checks payable to
Joyce Robinson

For the 8 week program

(see sign up sheet / class size limited to 14 ppl)



BINGO

Saturday, March 9th

7:00 pm – 9 pm

Cost is \$10 per person and
includes 3 Cards

Book Club



The first meeting of the
club has been changed to
Tuesday, March 19th.
Group will meet at 1pm at
The Clubhouse.



St. Patrick's Day Party



Sunday,

March 17th, 2012

5:00 pm Cocktails

BYOB / Soda & Beer provided

Dapper Dans will perform

5:30 pm Buffet

Corned Beef & Cabbage

6:30 - 10 pm

Dance to the music of

Juke Box DJ "Gary Williams"

Cost is \$10 per person .

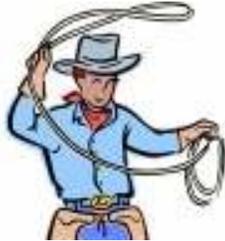
See attached sign up sheet

Deadline is March 13th!



HHR Post-It Notes

HHR's 9th Annual Trivia Night



The Wild West

Saturday, April 13th

6pm

\$10 per player

Organize your teams now! Sign up for a table of 8 or as a single and we will place you with other players.

This event is for HHR residents and their guests.

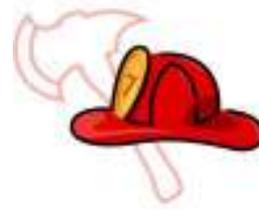
Sign-up sheets will be available with March 1st flyers!

Please note: The trivia game will consist of general knowledge and the questions will not necessarily be related to the theme.

Reminder...

Alderman, and resident, Tony Zito's Wine Tasting and Fund Raiser is

Sunday, March 10th,
from 2—5 pm at the
Clubhouse.



Wentzville Fire Department Community Out Reach Golf & Dinner Party



All right HHR, mark your calendars!

We are pleased to announce that the Wentzville Fire Department has chosen our community for their annual out reach program. There will be a scramble golf tournament and then a dinner at the clubhouse.

Friday, March 22nd

Shot Gun Golf 2pm

Cocktails 6 pm

Dinner 7 pm

The golf scramble will be twelve teams of four, with one firefighter on each team. Therefore there will be a drawing to select the HHR golfers if more than 36 residents sign up to golf.

Cocktails and dinner are at not charge and open to the entire community, but you must sign up by

MARCH 15!

(see sign up sheet)

The Bragging Rights Board



Lady Hawkes 2012 Welcomes Golf Season No. 10

Play begins in April, so make sure you have your 2012 Season Sign-Up sheets returned no later than March 10th!

Annual Kick-off Meeting is scheduled for
Wednesday, March 27th at 10 am



Kathleen's Fitness Corner

Golf is a popular sport for all ages played year-round. Range of motion of the trunk and upper extremities is key to a successful golf swing. Unfortunately, as one gets older, flexibility (or range of motion) is likely to decrease, predisposing one to injury. Golf is a game of repetitive twisting and rotation of the trunk. Excessive rotation puts stress on the spine which may increase risk of injury. In addition, most participants who play an average of once or twice a week do not bother warming up beforehand.

Flexibility exercises not only have the potential to prevent injury, but also to improve one's golf performance. To help prepare oneself for the game, take time to warm-up your muscles by walking for a bit. Once, the muscles have been warmed, do some stretches designed for the shoulders, trunk and core muscles. You will find that your body will respond to your swing better and you may improve your game when you take the time to warm-up and stretch!



Golf Meeting For All Resident Golfers



Thursday March 21st
6:30 pm at the Clubhouse

There will be a brief meeting to discuss resident leagues, tee time procedures and the new "course advisor/marshalling" program. There is still time to volunteer for the course advisor program, so see application with flyers.



The Bragging Rights Board



Hand & Foot

Triple Play

Wednesday Evening

Theresa Otten 302,479

Friday Afternoon

Jean Bartha 223,405



BRIDGE CLUB NEWS

Daytime Bridge Results:

2/7/13

High - Linda Bird 3440

2nd - Shirley DeAvilla 3390

Low - Doris Day 1700

2/21/13

Cancelled due to snow.



Spring Forward!

On Sunday,
March 10th

Daylight Savings Begins, so remember to set your clocks ahead 1 hour before going to bed on Saturday night!

Evening Bridge Results:

2/12/13

High - Huguette Duff 3620

2nd - Galen Bird 3580

Low - Mr. Ed 980

2/26/13

Cancelled due to snow.



Ladies Pinochle



January 30, 2013

Jane Erhle 6160

Stephanie Hempel 5590

Shirley DeAvilla 5270

Veta Cairns 4120

February 13, 2013

Veta Cairns 6550

Stephanie Hempel 6180

Shirley DeAvilla 6140

Sally Wood 3730



The Fun Of It All



**Let's hear
it for the
craw fish!
Our Jester –
Sandy
Bohn, Our
King– Tom
Gill, and our
Queen—
Linda King!**

