

VOLUNTEERS NEEDED!



We are conducting research to determine the correlation of time spent getting to and from Standing to a tall kneeling position with other functional outcome measures; sit to stand, timed walking and handgrip strength.

WHEN: Fridays Oct 1, OR 8 2021; 9AM-12:00 noon

WHERE: HHR Card Room, sign up on the bulletin board

You may participate if you are:

Between 55-90 years of age

You are not eligible to participate if:

You have had a recent stroke in the past year.
You have any disability or current trauma that would prevent you from performing these measures.

You are unable to walk independently with or without an assistive device.

Please contact us with any questions or concerns.

Thank you for your interest in our study

Alyssa Callans at acallans1@live.maryville.edu

or

Rachel Jackson at rjackson6@live.maryville.edu