



### Jen's Corner

The swimming pool is closed for the season on Monday, 10/02. The pool company will repair coping before winterizing.

A new push button door opener is being installed on the front door of the clubhouse. If the door is locked (after hours), enter your code on the keypad on the right side, then press the button for the automatic door to open.

The request for nominations for the Board of Directors will arrive in the mail soon. Please consider serving your community by volunteering to serve as a director. The annual meeting will be held Wednesday, December 13 at 5:30pm.

Finally, the snow opt-out form will be distributed via email and will be posted on the website in the next few weeks. If you wish to opt-out of snow removal this year, please return the form to the office at your earliest convenience. -Jen

### RESIDENT SPOTLIGHT By: Joan Elliott

#### Mary & Fred Harm

WON GO FELT is not a direction most people would recognize but it's what a person with dyslexia might see, instead of NOW GO LEFT.

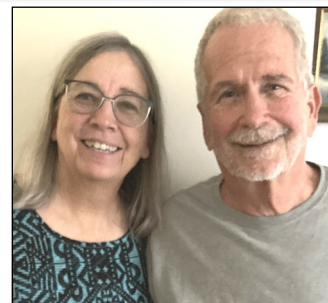
Dyslexia is a subject that's near and dear to residents Mary and Fred Harm. Years ago, Mary, in addition to teaching 5th grade, used to drive an hour each way after school two nights a week to learn and then use the Orton-Gillingham sensory approach to tutoring students with dyslexia. Similarly, Fred realized in working with students with disciplinary problems that they weren't necessarily "bad kids" but may have lashed out because they somehow felt that they didn't "fit in."

Mary and Fred moved to HHR from Illinois because two of their four daughters and most of their nine grandchildren live in this area. Another daughter currently lives in Brazil, so the two are preparing for a third visit to see her and her family. "We've traveled quite a bit," Mary said, "but mostly to visit relatives."

Family is everything to the two. Fred talks on the phone with his brother once a week and sees his two sisters whenever possible. Mary and her three sisters have taken several "sister trips;" likewise, their four daughters have taken a sister trip and hope to continue the tradition. In addition, Mary and her six siblings enjoy a Zoom call every week.

A self-proclaimed "introvert," Fred encourages Mary's involvement in HHR exercise classes, writers' group, Bible study and more. In addition, Mary helps people preserve photos and videos and then use them to make photo gifts including puzzles, blankets, coasters and wall art. "During the pandemic I started sorting pictures and thinking about leaving a legacy for our girls and future generations," she said. "Soon it became a passion," one she will share at the upcoming Vendor Fair. And Fred does enjoy the pool, billiards, walking the neighborhood and meeting the friendly people who live here.

Through all of life's ups and downs, the two cling to each other. "Life throws us challenges," Fred said, "but we always face them together."



## Upcoming Events & Activities

### See the flyers for all of the details.

#### ON-GOING WEEKLY ACTVIITES

<b>M</b>	<b>T</b>	<b>W</b>	<b>T</b>	<b>F</b>
9am Pickleball 1pm Low Roller Poker 1pm Page Turners (2nd) 6:30 Cribbage Beginners (2nd/4th) 6:30 Texas Hold 'Em 3rd	9am Pinochle 9am Tennis Doubles 10am Chess Club 1:30 Line Dance 2pm Billiards 3 Heritage Singers 3 -5 Bridge 101 6pm Texas Hold 'Em 6:30 Men's Poker 6:30 Open Bridge	9am Pickleball 1-3:15 Tai Chi 1pm Mahjong 1pm Writers Group (4th) 4pm Pom Pom 6:30 Hand & Foot	9am Pinochle 9am Tennis Doubles 9am Bocce 11am Quilters (2nd) 12:30 Open Bridge 1PM Low Roller Poker 2pm Ask a Geek (2nd) 4:30 Rosary (2nd) 6pm Mexican Train (1st & 3rd)	9am Pickleball 10:30am Stretch Chair 1pm Men's Pinochle 1pm Hand & Foot 7pm Pass the Trash
				<b>S</b>
				8:30 Dance Aerobics 9:30 Chair Yoga 9am Tennis 10am Billiards

# OCTOBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 Fall Ball 7 8:30 Aerobics 9:30 Chair Yoga
8	9	Questers Luncheon 11	10	11	12	13 Private Rental Card Room 8:30 Aerobics 9:30 Chair Yoga
14 Carnival 3pm	15	16	17	18	19	20 Vendor & Craft Fair 11-2
21	22	23	24	25	26 Halloween Party 7pm	27
28	29	30 Board Meeting 9am	31 	1	2	3
						4

## Events

See the flyers for more details.



### Fall Ball - October 7, 7-10pm

Featuring—**The Charlie Mann Band**

Open seating, bring a snack to share with your table.

Set-ups provided, BYOB. \$5 per person

Sold Out—call the clubhouse to join the waiting list

### Missouri State Questers Fall Meeting

Tues, Oct 10 11am

Join in for lunch and an incredible speaker from the Missouri History Museum.

See the flyer for all the details. Register by 10/01.



Sunday, October 15

3-8:30pm

Don't miss this day filled with so much fun!

Food / Games / Tattoos / Caricatures

See the flyer for all the details.

Weather permitting this will be an outdoor event.

Syner-Gee Band 5:30-8:30 (ballroom)

\$13 per person, [Register](#) by 10/06. Residents only.



Saturday, October 21

11-2pm

Join us for a day filled with shopping, prizes, snacks & cocktails.

Admission is FREE—no registration needed.

Open to friends & family.

### Out & About—Cruise on the Miss Augusta — Monday, 16 October 2023

The cruise departs out of Klondike Park Boat Ramp in Augusta. Leave HHR 9:15am Return Time: 1:30 pm See the [FLYER](#) for all of the details.

Book your reservations with HHR Clubhouse 636-561-7895.



## Don't Miss Out



**Friday, October 27**

**7-10pm**

A WICKED Good Time!

Karaoke & Dancing & Prizes!

Light snacks & set-ups. Resident's only. Reserved Seating. Register at the clubhouse, in person. You may register up to a table of 8, but must know the names of who will be at your table. \$10 per person

**Pumpkin Decorating Contest** - Join in on the Multi-Media Fun. Paint, carve or decorate your pumpkin any way you like. Bring a picture of your creation to the clubhouse by 10/25. Vote for your favorite from 10/25-10/30 at noon.



**Veteran's Day Luncheon**—Friday, November 10 at Noon

HHR Veterans Only, please. Free—[REGISTRATION](#) required.

Register by 11/04.

### **Video Dance Party**

**Friday, Nov 10**

**6:00 –9:00pm**

Join us for a video show featuring all the best music from the past decades. Sit back and watch or get up and dance. Special thanks to Mike Stassi & Don Skitt for this fun night.

Free, but please register if you plan to attend. Bring a snack to share with your table.



**Saturday, Nov 18**

**5—7pm**

Doors Open at 4:30pm

Valenti's Catering providing traditional Thanksgiving Dinner.

\$12 per person, Reserved seating, you may register up to 8 people. **Registration begins 10/09**, 9am at the clubhouse & closes on 11/03. Resident's Only.

### **Annual HHR Holiday Pageant**

**Thursday, 12/07, 6:30pm**

It's a fun, low-key evening. No need to register. Come witness some of our very own neighborhood talent! Light Dessert & Coffee provided. Residents only

## Coming Soon

### ***A Cup of Christmas Tea – December 2, 2023***

Registration forms for the Care and Concern 20th Annual “A Cup of Christmas Tea” will be available at the clubhouse on **Monday, October 2nd**.



Cost to attend remains at \$35.00 per person (checks only). Individual seats or tables of 8 are available. Twenty table hostesses are needed, so if you would like to host a table for the event, please indicate that on the registration form or contact Nancy Doerer. This involves setting and decorating a table of eight (8). Filling all 8 seats is not necessary – just register your guests when you sign up.

Anyone interested in donating a theme basket to be raffled off, please indicate that on the registration form as well.

Also, **gentlemen** of HHR are encouraged to act as servers at the Tea. If you are interested in helping out, please call Nancy Doerer at 314-265-5748 or email [ndoerer@charter.net](mailto:ndoerer@charter.net).

**PLEASE REMEMBER, THIS EVENT SELLS OUT QUICKLY, SO MAKE YOUR RESERVATIONS EARLY!!!**



### **COOKIES WITH SANTA - December 10, 1-3:00 pm**

Join us for Pictures with Santa and a visit from Silly Jilly the Balloon Lady.

Please [REGISTER](#) by 12/05 so we know how many to expect. See the flyer for all the details.



**Monday, Dec 11**

**5pm**

Join us for a night of silly good times with the Ladies of Hawk Ridge.

Soup / Salad / Fun Cocktails / Silly Games

\$10 per person, [REGISTER](#) by 12/04 to join in on the fun.

More details on the flyer.

# NYE

Sunday, 12/31

7-12:30 am

\$40 per person / **registration will begin at 9am on 10/16** at the clubhouse. Bring your completed registration form & payment. Registration for a maximum of 8 people. Must choose your entrée at registration. Limited seating available in the ballroom & card room. More details on the flyer.



## HHR Committee Spotlight

### *Care and Concern Committee of Heritage of Hawk Ridge*



Since 2005, the Care and Concern Committee, along with the support of the Heritage of Hawk Ridge residents, has made its mission to provide the following services to our community:

Assist and support residents of HHR who are facing health or family crisis

Sponsor informational programs to benefit the health and welfare of all residents

Care and Concern programs include complimentary CPR classes, and the Rapid Access program in partnership with the St. Charles Ambulance District. Our Sunshine Subcommittee provides cards and/or gifts to residents during serious illness or after surgery, and our Casserole Committee offers food to help the resident or family. Upon the death of a resident, CCC will host a memorial reception or provide a charitable donation as preferred by the family.

Care and Concern is independent of the HHR Home Owners Association, and self-sustaining. The annual fundraiser, “A Cup of Christmas Tea” is CCC’s primary source of income.

Another ongoing effort of CCC is to give back to the community as a whole. To date the following items have been donated to the clubhouse for the use of all residents:

Defibrillator (located in the fitness center), including monthly maintenance and batteries

Large screen TV, sound bar and DVD player in the card room

Financial contribution toward sound proofing panels for the ballroom

Care and Concern welcomes new residents to join if interested. Please contact:

Shirley Barnes	<a href="mailto:tookenp@charter.net">tookenp@charter.net</a>	636-579-0450
Pat Fairhurst	<a href="mailto:patfairhurst2202@gmail.com">patfairhurst2202@gmail.com</a>	636-561-2027
Pat Teich	<a href="mailto:kellyteich@gmail.com">kellyteich@gmail.com</a>	314-239-6848
Nancy Doerer	<a href="mailto:ndoerer@charter.net">ndoerer@charter.net</a>	314-265-5748

If you hear of anyone who experiences surgery or serious illness, please make our Sunshine Committee aware of it by phone, email or text:

Sandy Kraft	<a href="mailto:sandy.kraft@gmail.com">sandy.kraft@gmail.com</a>	405-706-8517
Sally Paland	<a href="mailto:spaland36@gmail.com">spaland36@gmail.com</a>	518-545-6195

## NEWS

### Here are the Lady Hawks Game Winners:

The rain and the heat did not favor the Lady Hawkes in August.  
For the one week we played the winners are

August 16 - Low Gross

Red Flight Sonia Ahn

White Flight Connie Talmadge & Kim Weicks, tie

Blue Flight Sandy Aubuchon

Green Flight Pat Millikan



### Putting Party

There were 64 putters for the HHR Putting Party event themed "Remember When..." on Monday evening, September 18th.

There were four holes-in-one...Rocky Sperl on #1 and Dan Shreve, Linda Horton, and Dave Wanhatalo on #6.

Two players finished in a tie for the low score of 16 -- Rocky Sperl and Larry Poropat. With a score of 19. Winners of B Flight were Bill Paland, John Shaal, Linda Horton, Dave Wanhatalo, and Dale Kirchner. C Flight winners with a score of 22 were Sally Paland, Tricia Parr, Alice Malzahn, Linda Strubel, Becky Shaal, Dan Brothers, Bill Sparacino, Martha Bredbenner, and Pat Schnarr. With a score of 27, D Flight winners were Rich Lutke, Shari Kirchner, Barb Powell, and Dick Schnarr.

Special thanks to Michelle and Dan Brothers for providing props and helping set up the Barbie hole and to Dave Wanhatalo for providing the hand tools and helping set up that hole!

Thanks to everyone who helped break down the course and clean up! And thanks to Dick Faxon, Jerry Raeder, and Dan Shreve for helping set up the holes as well as Pat Raeder for help registering putters, and a season-long thanks to Joyce Skitt for all her help!



*We are so glad that you are here!*

Ira & Helen Kaplan—668 Falconcrest

## GOOD TO KNOW

**CITY BEAT**, by Jackie Schauer, Resident and Alderman

I'd like to teach you Italian. Cugino. Noun. It means a male cousin. (Cugina is a female cousin)

**Cugino's** is the newest restaurant to come to Lake St. Louis. They will be in the Meadows where the old Pasta House once was. Currently under renovation, they are hoping to open around Thanksgiving.

They have one location in Florissant and their website/menu can be found here - [Cugino's - Food Menu \(dinecuginos.com\)](http://dinecuginos.com)

A number of people have asked what is being built across from Walmart, next to the Hawk Ridge Veterinary Clinic. (701 Robert Raymond Dr.) - Borello Orthodontics

Wishing everyone a great October- Alderman Schauer



### Fitness Class Update—

We will certainly miss Kathleen leading our fitness program, but we wish her the best in her “retirement”. While we all know that she is irreplaceable, we must move forward and develop a new program. We have been searching for candidates to meet the needs of the community. We are looking for your input and have a survey that you can complete and share your thoughts with the office. The survey is available at the clubhouse and on the [website](#).

Christi will be teaching classes on Saturday mornings (minus vacation at the end of Oct). And Kathleen's videos remain available on-line. We also have a group of folks meeting on MWF mornings at 9am to work out to the videos together in the ballroom.



### BOARD MEETINGS

We want to make sure that all residents are aware that you are welcome to attend the monthly board meetings. The board is very committed to hearing your comments & concerns. The meetings are held the 4th Monday of every month at 9am in the card room. Additionally, the minutes from the board meetings are on the [website](#) and available for your review.





## **HHR Golf Committee Corner – October 2023**

Since the HHR Golf Course is a big part of our community, your HHR Golf Committee is always looking for feedback and suggestions. If you have a suggestion or comment, please pass on your thoughts to one of the Committee Members: Steve Becherer (Chairman), Elvira Johnson, Connie Talmadge, Sally Paland, Barb Rogers, Gary Dyrek, Glenn Schiller, and Steve Schauer.

### **Remember Golf Course Etiquette**

When you are playing, please fix your ball mark on the greens and 1-2 more. This effort will help Tammy and her staff continue to keep our greens in great shape.

When driving a personal or a rental cart please stay on the cart paths at all times, especially by the tees and greens.

### **Upcoming Tournaments**

The final men's tournament of the year is the **HHR Men's Ryder Cup**. This men's event takes place on Saturday morning October 7<sup>th</sup> and Sunday morning October 8<sup>th</sup>. The tournament follows the format of the Ryder Cup with four nine-hole matches. Signup in the pro shop begins on Tuesday September 5<sup>th</sup> and ends on Saturday September 30<sup>th</sup>. See the HHR Men's Ryder Cup flyer posted in the Pro Shop for more information.

See the [2023 Calendar of Events](#) for the tournaments and events scheduled for this year.

### **Tournament Results:**

#### **Labor Day Tournament**

Couples' 1st Place with a 24: Bill Emrick, Joyce Emrick, Rocky Sperl, Andrea Peebles

Couples' 2nd Place with a 25: Glenn Schiller, Kathy Schiller, Matt Weick, Kim Weick

Couples' 3rd Place with a 25: Bob Castagna, Cheryl Castagna, Larry Poropat, Judy Poropat

Lady's 1st Place with a 27: Sonia Ahn, Sandy Wirtz, Sandy Dyrek, Martha Bredbenner

Lady's 2nd Place with a 31: Judy Markham, Carolee Todd, Elvira Johnson, Mary Ellen Klotz

Men 1st Place with a 22: John Ahn, Dick Faxon, Gary Dyrek, Doug Bredbenner

Men 2nd Place with a 24: Steve Becherer, Jim Pozdol, Jim Biglin, Terry Rieder

Lady's Closest to the Pin: Trish Parr on #3 and Sonia Ahn on #7

Men's Closest to the Pin: Larry Rogers on #2 and Bill Emrick on #9

#### **Men's Wednesday Night Golf League**

1st Place: Gary Reich, Leonard Zwanziger, Tim Holeman

2nd Place: Steve Ward, Dave Cochran, Larry Laramie

3rd Place (tie): Fred Howell, Jim Lambert, Dennis Kruse

3rd Place (tie): Tim Young, Bob Castagna, Larry Rogers