



### COMMITTEE SPOTLIGHT

The Care and Concern Committee, along with the help of HHR neighbors, identifies the needs of our community residents in matters of sickness and loss, and provides support in those trying times. The Committee accomplishes this through the efforts of the Sunshine and Casserole sub-committees, providing greeting cards, gifts and/or food to our neighbors who are ill or experience a family emergency such as the death of a resident. Our volunteers provide food and support on the day of a memorial after the passing of a resident if the family holds the gathering here at HHR.



We ask your help so that we don't miss anyone! If you hear of a neighbor in need, please let us know by phone, email or text to one of the following listed below. (if there is no answer, please leave a message). It is also helpful to know when a resident returns home after hospitalization so that a meal can be delivered if desired.

The Committee also strives to encourage the well-being of all our residents through health and wellness-related education and services.

The Care and Concern Committee has been able to provide these services since 2005, thanks to our wonderful volunteers - many devoted members year after year. Our Cup of Christmas Tea is our annual fundraiser, has become a favorite community event, and allows us to continue this effort.

If you are interested in joining or supporting the Care & Concern Committee in some way, please contact either Nancy Doerer at 314-265-5748 or [ndoerer@charter.net](mailto:ndoerer@charter.net) or Shirley Barnes at 636-579-0450 or [tookenp@charter.net](mailto:tookenp@charter.net)

### Jen's Corner

Independence Day. A day that resonates with the spirit of freedom and patriotism. We commemorate the adoption of the Declaration of Independence in 1776 and mark the birth of our beautiful nation, founded on the principles of liberty, equality, and the pursuit of happiness. It's not just a historical milestone but a reminder of the collective resolve and sacrifices made by our forefathers to secure a free and democratic society.

Beyond the festivities, Independence Day for me is a time for reflection. A moment to honor the bravery of those who fought, and continue to fight, for our freedom and to acknowledge the ongoing efforts to achieve a more perfect union.

As we celebrate this day, let us remember that the true essence of patriotism lies in our commitment to uphold these ideals and work together towards a brighter future for every citizen.

Gate upgrades were completed earlier than anticipated. The open and close schedule remains the same, and the new remotes are programmed and ready for use. The phone number you provided when you picked up your new remote will be called when a visitor arrives at the gate after hours. The entry code assigned to you continues to work at the clubhouse and at pool gates. The code no longer works at the entry gate.

Street and sidewalk repairs will begin later this month. In the fall several sections of the pool deck and around the clubhouse will be replaced as well. --Jen


# Upcoming Events & Activities

See the flyers for all of the details.

## ON-GOING WEEKLY ACTVIITES

<b>M</b>	<b>T</b>	<b>W</b>	<b>T</b>	<b>F</b>
8-12 Pickleball 10 Video Exercise (B) 11 Exercise MP (B) 11-1 Bible Study with Carrie (A) 1:00 Bible Study with Alice—(M) 1 Low Roller Poker (B) 1pm Page Turners (2nd) (C) 6:30 Cribbage Beginners (2nd/4th) (C)	9am Tennis 9am Pinochle (M) 9:30 Water Fitness 10am Chess Club (C) 2pm Line Dance (B) 2pm Billiards (C) 3-5 Bridge 101 (C) 6pm Texas Hold 'Em (B) 6:30 Men's Poker (B) 6:30 Open Bridge (C)	8-12 Pickleball 10 Video Exercise (B) 11am Exercise MP (B) 1pm Mahjong (M) 1pm Story-Tellers Group (4th) (A) 3pm Line Dance (B) 4pm Pom (B) 6:30 Hand & Foot (C)	9am Tennis 9am Pinochle (M) 9am Bocce 11am Quilters (2nd) (A) 12:30 Open Bridge (C) 1PM Low Roller Poker 2 Ask a Geek (2nd) (V) 2:30 Catholic Studies (A) 3:00 Rosary (2nd) (C) 6pm Mexican Train (1st & 3rd) (C) 7 Whiskey Club (3rd)(B)	8-12 Pickleball 10am Video Exercise (B) 11am Exercise MP (B) 1pm Men's Pinochle (M) 1pm Hand & Foot (C) 7:00pm Pass the Trash (B)
<b>Clubhouse Rooms</b> Ballroom (B)    Card Room (C) Meeting Room (M) - outside the library Activity Room (A) - formerly the craft room				<b>Sat</b> 8:30 Yoga/Pilates (B) 9:30 Water Fitness 10am Billiards
				<b>Sun</b> 4pm Water Volleyball 6pm Cornhole

# JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	 Office Closed	5	6
7	8	9	10 No Poms	11	12	13
-----Office closes at 1pm all week. -----						
14 Bastille Day 5:30pm	15	16	17	18	19	20 Clubhouse Rental
21 LuLus 6:30-7:30 Concert 7-9pm	22 Board Meeting 9am	23	24	25 Trivia Night 5:30	26	27
28	29	30	31	1	2	3

## Upcoming Events



ALL DAY  
CELEBRATION

**10 AM—Parade—**"CIRCUS" Theme (see the flyer for route info.)

***The neighborhood roads will be shut down from 10-11am. Plan accordingly.***

Voting ballots for your favorite participants are at the clubhouse and on the website.

**11:30—Post Parade Celebration!** Performance by HHR Poms & Line Dancers.

**12:15ish — Hot Dog Lunch**

**5-6:30—Kona Ice Truck**

**6-9PM—Rumours Classics Band Poolside**

**All events are open to residents and their guests.**



Sunday  
July 14

**Vive La France!**

5:30-7:30PM [Holy Crepe Food Truck](#)

6:30-8:30PM Featuring: [Elsie Parker & THE Poor People of Paris](#)

\$7, [REGISTER](#) your household only. Open seating.

Let's celebrate all things French!

Set-ups provided.



**SUNDAY SHINDIG**

**Poolside Concert**

**Sunday, July 21**

**7-9pm**

Live Music— No Registration

BYO Drinks / Snacks

Open to adult friends / family

Featuring: [SOUL PUNCH](#)



**6:30—7:30PM in the parking lot**

**Trivia Night**

**Thursday 07/25**

**6pm**

You don't have to be a genius to have fun at this trivia!

Grab your neighbors and get a table of 8. Or, join a table that needs more players. \$6 per person. Must register at the clubhouse by 7/18. **Bring a snack to share with your table.** Set-Ups provided!



## More Events



**Sunday, August 4**

**6pm**



There is so much talent here at HHR! Let's **SHOW OFF** a bit!

Sign up on the bulletin board to register your performance by 07/24.

FREE to attend, but please [REGISTER](#) by 07/29. Residents only.

Bring your favorite snack or dessert to share.



**Saturday, Aug 17**

**7pm—Doors Open at 6:30**

Featuring: **THE B.B. BOOMERS**

Light snacks and set-ups provided.

Residents only. Register your household only.

Open seating.



## SHRIMP BOIL

**Saturday, August 24**

**5pm Doors Open**

**5:30 Dinner**

**6-9pm Dancing & Karaoke**

**On the Pool Deck**

**\$15 per person, resident's only**

**BYOB, set-ups provided.**

**Seating is limited. Register by 8/12**



### BEGINNER/INTERMEDIATE

#### Mah Jong

We are beginning a new group of Mah Jong for those who want to learn how to play. Sign up on the bulletin board and the chairperson will be in touch with you once we have enough players.



### SUMMER FITNESS CHALLENGE

How many teacher led fitness classes can you participate in during July/August? The resident who attends THE MOST teacher led classes will win the beach tote filled with fabulous prizes!! If there is a tie, we will have a drawing. Stop by the office to see the fabulous pool bag full of prizes!

## IMPORTANT—PLEASE READ

**July 4th Traffic**— The HHR streets are shut down from 10-11am on Thursday, July 4th so we can all SAFELY participate in the parade. Please know that you will not be allowed in or out of the neighborhood during those hours. Plan ahead. Tell your visitors / family / neighbors. Shout it from the roof top! We had issues last year and do not want to repeat that.



### COOKING MATTERS

Wednesday, July 10  
10-12:30am

Join us for a 2-hour seminar to discuss strategies to better manage diabetes and overall weight. We will also build on cooking skills by preparing turkey tacos and lemon fruit cups for lunch!

\$15 per person Register at the office. Checks only. Payable to St. Charles County Extension Council. Limited to 15 participants



July 18  
9am

Enjoy coffee and doughnuts while joining us for an insightful conversation on the topic of elder life care. The PANEL DISCUSSION will provide a unique opportunity to ask questions and engage in meaningful discussions.

Free, but please [REGISTER](#) by 07/15.

### HHR Genealogy Club 2.0

**Organizational meeting on Wednesday, July 17 at 1:00 P.M.**  
**Location – HHR Clubhouse Activity Room**



*Purpose: Determine level of interest of residents, and potential subjects of interests for future meetings*

Please let Bill Scroggin ([wdsrog@aol.com](mailto:wdsrog@aol.com)) know if there is a subject of interest to you for upcoming meetings. If you plan on attending, please let Bill know.

### Save the Date

September 8 Grandparent's Day  
September 8 Sunday Shindig with Super Jam Duo  
September 13 Miss Jubilee and the Yas Yas Boys  
**September 14 Triathlon (NEW ADDITION)**  
September 29 Scavenger Hunt / Scott & Karl  
October 4 Red Cross Blood Drive  
October 31 Halloween Party

November 9 Vendor & Craft Fair  
November 11 Veterans Day Luncheon  
November 23 Friendsgiving  
December 7 Cup of Christmas Tea  
December 9 Ladies Night  
December 15 Cookies with Santa  
December 31 NYE with Charlie Mann Band



## Clubs & Activities

### HHR Whiskey Club

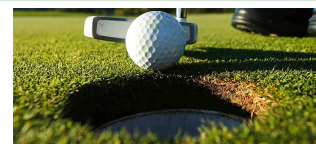
The club continues tasting great whiskeys. This month we will be tasting 4 whiskeys from states other than Tennessee and Kentucky. The tasting is on Thursday, July 18, at 7PM in the clubhouse ballroom. If you haven't done so already, you can sign up for the club by submitting a check for \$10 per person for initial/annual dues, made payable to HHR Whiskey Club. The cost for the tasting is \$10 per person, also payable by check, due no later than noon on Tuesday, July 16. Just drop your check off at the front desk.



If you are not sure and would like to get more information before becoming a member, please send an email to the club email - [hhrwhiskeyclub@gmail.com](mailto:hhrwhiskeyclub@gmail.com). It continues to be a fun and informative group. And where else will you be able to taste 4 or more whiskeys for \$10.

### Putting Party!!

We had 56 putters on a toasty, breezy evening for putting Monday, June 17th. The putting theme was "Decades", and featured blasts from the past like pet rocks, the Berlin Wall, the Information super highway, 60s memories, Social Media, and even Elvis on his single speed bike!



Two players tied with the low score of 17 in A-flight: Bill Emrick and Larry Laramie...congratulations! There were five tied for first in B-flight with a score of 20: Jim Boyd, Jay Hendren, Shirley Sachs, Arnie Marcus, and Diana Almay. C-flight winners with a score of 23 were Larry Rogers, Stacy Flint, Cheryl Castagna, Sandy Kraft, Michelle Brothers, and Jim Proffitt. D-flight winners with a score of 27 were Julie Switzer, Shirley Butler, Grace Randazzo, Larry Poropat, and Janet Hasken.

Many thanks to Jerry Raeder, Dan Shreve, Dick Faxon, and Sally Paland for help setting up the course. Thanks to Jerry Raeder, Rory and Pat Teich and Sally and Bill Paland for providing props to set up the holes.

Thanks to all who helped break down the course and restore the putting green's putt-ability! Our next Putting event will be Monday, July 22. Sign up at the HHR Pro Shop starting July 8th for 4pm or 4:45pm groups. If you have any questions, contact Don Skitt at [daskitt@yahoo.com](mailto:daskitt@yahoo.com).

### From the Pro Shop...

The year is half over but there's still plenty of golf to play! Tee times are available daily from 7am-7pm.

The first putting party of the season was a huge success. July's putting party will be held Monday, July 22nd with start times at 4pm and 4:45pm. Signups will start Monday, July 8th. Theme will be "Tech No".

We still have openings for the Men's Two Man Challenge to be held on July 20th & July 27th. For more information or to signup, please stop by the Pro Shop.

The Hawkeye Grill is serving daily 11am-7pm. Enjoy all the usual fare...hot dogs, brats, cheeseburgers and fries. We also have a lighter fare including chicken Caesar salads, grilled chicken sandwich, chicken salad. We continue to have Happy Hour Mondays, 4-6pm. Everyone is welcome. Stay cool.



## Odds & Ends

### American Flag Etiquette

It is the universal custom to display the American flag only from sunrise to sunset on buildings and on stationary flagstaffs in the open. However, when a patriotic effect is desired, the flag may be displayed twenty-four hours a day if properly illuminated during the hours of darkness.



**Solicitors are not allowed at HHR.** If someone comes to your door, please take their business information and contact the office. We will call the company and tell them they are not allowed to solicit here.

Political canvassing is not considered soliciting and is permitted.



### Lady Hawkes Scores

June 5      Pink Ball Scramble      Sonia Ahn, Beth Beckfeld, Carolee Todd, 69

June 12:    Points Game

Red: Barb Rogers, Kathy Schiller, tie with 11 points

Blue: Nancy Duncan, 9 points

Birdies, Nancy Duncan, Duenda Zwanziger

White: Sandy Dyrek, 8 points

Green: Mary Ellen Klotz, 3 points

Chip-in: Barbara Metivier

**June 19: Gross Score on T's & F's**

Red: Sonia Ahn, Cheryl Kuhfuss, Tie 14

Blue: Sally Paland, 16

White: Martha Bredbenner, 16

Green: Cindy Barry, 18

June 26:    Rain Out

### Update from Jackie Schauer, Resident and City Alderman

**McBride** will be building along Lake St Louis Blvd, backing up to Mill Creek. "Blue Stem" will consist of 28 homes and resemble to current street already in progress just to the south.

**Casey's Gas Station** proposed a location at Prospect and 64 however it did not pass due to concerns for a 24/7 gas station being so close to a residential neighborhood.

**Center for Advanced Skills Training in Law Enforcement** 2400 Hwy 79, O'Fallon, MO 63366

This new law enforcement training center is critical in enhancing safety and security in our communities. Through this collaboration, we will be sharing expertise, and creating a stronger, united front against the crime that plagues our cities. Groundbreaking has occurred. There is no completion date as of this time.

Click [HERE](#) for more details.

## HHR Golf Committee Corner – July 2024

Since the HHR Golf Course is a big part of our community, your HHR Golf Committee is always looking for feedback and suggestions. If you have a suggestion or comment, please pass your thoughts on to one of the Committee Members: Barb Rogers (Chairperson), Elvira Johnson, Sally Paland, Gary Dyrek, Beth Beckfeld, Mike Feldewerth, or Steve Schauer.

**Remember Golf Course Etiquette** – Please fix your ball marks on the greens, and a few others. This effort will help Tammy and her staff continue to keep our greens in great shape. Please keep all 4 wheels of your golf cart on the cart paths at all times.

**Resident Hole-in-One** - Congratulations to Larry Poropat for his Hole-in-One on hole #5 at the Memorial Day Golf Outing on Monday May 27<sup>th</sup>.

### Upcoming Tournaments

The **Red, White, & Blue Golf Outing** is on Sunday July 7. This is a 2 Person / 9 Hole Scramble and dinner event. Non-golfing spouses and significant others are welcome to join us for dinner after golf. Sign up is open thru Sunday June 30. For more details, the outing flyer can be found on the HHRlifestyle.org website under 'Golf', or click the following link: [Red, White, & Blue Golf Outing](#)

The **Men's Two-Man Challenge** will be held on consecutive Saturdays, July 20 and July 27. Pick your own two-man team. Both golfers must have an established handicap in the HHR Men's Handicap System and be able to play both Saturdays. Sign up is open from Saturday June 8 thru Monday July 15. For additional information about the event, contact Ken Klasing via email at [hawkridgegolfer@gmail.com](mailto:hawkridgegolfer@gmail.com) For more details, the outing flyer can be found on the HHRlifestyle.org website under 'Golf', or click the following link: [Two-Man Challenge](#)

The **Men's Club Championship** will be held on consecutive Saturdays, August 17 and August 24. Golfers must have an established handicap in the HHR Men's Handicap System with at least 5 scores recorded, and be able to play both Saturdays. Sign up is open from Monday July 1 thru Saturday August 10. For more details, the outing flyer can be found on the HHRlifestyle.org website under 'Golf', or click the following link: [Men's Club Championship](#)

For information on all future events, the 2024 Calendar of Golf Events [can be found on the HHRlifestyle.org website under 'Golf', or click the following link: 2024 Calendar of Golf Events](#)

### Tournament Results

#### **Father's Day Scramble**

A Flight 1<sup>st</sup> Place – Larry and Blake Laramie

B Flight 1<sup>st</sup> Place – Glenn and Scott Schiller

C Flight 1<sup>st</sup> Place – Barry and Matt Hunt

Closet to the pin: #3 James McGauley #9 Steve Schauer