



Resident Spotlight by Deb Lindell

Ward & Debby Herst

To meet Ward and Debby Herst is to share in the joy of an amazing hard-working, high-achieving couple. As their story unfolds, their mutual admiration is obvious. They are each other's greatest fan!

Ward and Debby met their freshman year at Kent State. Each worked their way through college, often working double shifts and routinely getting by on five hours of sleep. Debby majored in marketing and management; Ward majored in geology and went on to earn advanced degrees in hydrology, as well as civil and environmental engineering.

After marrying and completing their educations, they settled in Colorado, where Ward began to work as a consultant for companies tasked with cleaning up hazardous waste, whether due to petroleum, radioactivity, or PCBs. One project he is particularly proud of was utilizing solar and wind energy to clean up the environment in a remote part of Nebraska.

In 1995, they moved to St Louis where Ward established a new office for the company.

In 1998, as Ward's reputation and consulting business grew, they made the decision to start their own company, with Ward doing the field work and Debby running the company—handling everything from marketing, payroll, and HR. Success came soon after, when they were recognized as the # 1 small business start up in the US! When asked how she ran a company and raised a family at the same time, Deb says they established their office close to home. She could almost always meet the school bus and bring the children back to the office where they kept a second set of toys.

Running their own company made it virtually impossible to vacation together. However, since their retirement, they have been able to enjoy many travels. In fact, they have been to every continent but Antarctica!

In a life filled with so much success and adventure, what brings them the most joy?

Both emphatically answer, "Family!" Their 3 adult children are all doing well and the 2 grandchildren are nearby and visit often. If you look, you may find them playing in the backyards of Myna!



Upcoming Events & Activities

See the flyers for all of the details.

ON-GOING WEEKLY ACTVIITES

M

8-12 Pickleball
 9am Aerobic Exercise
 10 Video Exercise (B)
 1pm Bible Study (M)
 1 Low Roller Poker (B)
 1pm Page Turners
 (2nd) (C)
 6:30 Cribbage Begin-
 ners (2nd/4th) (C)

T

9am Tennis
 9am Pinochle (M)
 9:30 Fit For Life
 10am Chess Club (C)
 1-3 Bridge 101 (C)
 2pm Billiards (C)
 2pm Heritage Sing-
 ers (B)
 6pm Texas Hold 'Em
 (B)
 6:30 Men's Poker (B)
 6:30 Open Bridge (C)

W

8-12 Pickleball
 10 Video Exercise (B)
 12:30 Mahjong NL (C)
 1pm Genealogy (2nd)
 (AR)
 1pm Mahjong (M)
 1pm Story-Tellers
 Group (4th) (A)
 2:30pm Line Dance (B)
 4pm Pom (B)
 6:30 Hand & Foot (C)

T

9am Tennis
 9am Pinochle (M)
 11am Quilters (2nd) (A)
 12:30 Open Bridge (C)
 1PM Low Roller Poker B
 2 Ask a Geek (2nd) (V)
 3:00 Rosary (2nd) (C)
 6pm Mexican Train (1st
 & 3rd) (C)
 7 Whiskey Club (3rd)(B)

F

8-12 Pickleball
 10am Video Exercise (B)
 1pm Men's Pinochle (M)
 1pm Hand & Foot (C)
 6:30pm Pass the Trash (B)

Sat

8:30 Yoga/Pilates (B)
 9:30 Aerobic Fitness
 10am Billiards

Sun

6pm Cornhole

Clubhouse Rooms

Ballroom (B) Card Room (C)
 Meeting Room (M) - outside the library
 Activity Room (A) - formerly the craft room

OCTOBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2	3 Medicare Seminar 9am	4 Blood Drive 12-4	5 No Christi
6 Hypnotist 3pm	7 Balance Work- shop 11am	8	9	10	11	12
13	14	15	16	17	18	19 CR Rental 11-3
20	21 Finance Class 2:30 CR	22	23 Finance Class 6:00 CR	24 Hawk Ridge Boys 6:30	25	26
27	28 Board Meeting 9am	29	30	31 Halloween Party 7pm	1	2

Important Updates

Jen's Corner

Annual Homeowners Meeting and Election information should be in your mailbox this week!

In the envelope, you will find a nomination form to fill out if you are interested in volunteering to serve on the Board of Directors. There will also be information on two proposed Bylaw amendments about committees and snow removal that residents will vote on at the Annual Meeting.

The board would like residents to consider making these changes for the benefit of the entire community. You are encouraged to attend one of the meetings scheduled in early November to discuss the proposed amendments where Directors will explain the purpose and content of the amendments and answer any questions you may have.

Later this month, the Finance Committee will hold their second annual seminars for residents interested in understanding the community's finances, investments and need for reserve funds.

Finance Committee seminars: Monday, October 21 at 2:30pm
Wednesday, October 23 at 6pm

Meetings to discuss proposed Bylaws amendments:

Wednesday, November 6 at 5:30pm (also a night to meet the Board Candidates)
Thursday, November 7 at 10am

Annual Homeowners Meeting – Monday, December 2, 5:30pm

-Jen

WELCOME
to the *neighborhood*

Ron & Pauleen Bessie—2216 HLD
Robert Bradshaw—304 Seahawk
Bill & Judy Aloisio—2050 HLD

*We are so happy you
are here!*



-Please SLOW DOWN & remind your visitors to slow down too.

-Please pick up after your dog.

-Please read—the first resident to come to the office during office hours can register two people early for New Years Eve.

-If you use any space at the clubhouse, you are responsible to clean off the table, throw trash away, put chairs back. Please help us keep the clubhouse looking nice.

Upcoming Events

See the flyers for all the details.



Medicare Annual Enrollment Period

You will get an opportunity to meet with Carol Thieme from SWAN Insurance Agency. She will briefly discuss Medicare Annual Enrollment and give you an opportunity to schedule a 1 on 1 meeting with her to discuss your individual needs.

Join us for Donuts & Coffee
Thursday, 10/03 at 9am

Please [REGISTER](#) so we know how many people to expect.

AMERICAN RED CROSS



Open to friends & family

Friday, October 4, 12-4pm

Click [HERE](#) to go to the Red Cross website to register.

Josh McVicar
★★★★★ The Trickster



Sunday, October 6—Doors Open at 3pm

Happy Hour— 3-4pm Comedy Magic & Hypnosis—4-5:30pm

Remember Josh for 2022? Well, he's back for more antics & fun.
Don't miss this one!

Hypnotist & Magician

[Registration](#) is extended to 10/02



October 7
11am-12pm

Join us to learn about
Better Balance.

Join us to learn more about Better Balance.

During this Educational Talk, we will cover:

- Why sideways falls are the most dangerous.
- Consequences of not being able to get up from the floor after a fall.
- The top 6 balance exercises you can do at home.

Please [REGISTER](#) so we know how many people to expect.

An Evening with the Hawk Ridge Boys & Friends

Thursday, October 24

6:30pm—Doors open at 6:00pm

An evening featuring a variety of entertainment from the Hawk Ridge Boys, the Heritage Singers and other invited artists from the neighborhood. Free—no registration necessary. Bring your own snacks and drinks.



More Upcoming Events

See the flyers for all the details.



Thursday, October 31 7-10pm (doors open at 6:30)

Prizes for Best Costumes. Light snacks and set-ups provided.

Featuring: [GARDEN PARTY](#)

\$15 per person, reserved seating.

Register at the clubhouse individually or for a table of 8.



Saturday, November 9
11-2:00pm

Admission is FREE – Open to HHR residents, friends & family.

Join us for a fun day of holiday shopping. No registration necessary.

All are invited to join us for a day filled with shopping, prizes, snacks and cocktails.



All HHR Veterans are invited to join us for a **LUNCHEON**

Doors open at 11:30, Lunch at Noon

Free, but please [REGISTER](#) by 11/4.

This is for veterans only, please.

thank you



Monday, November 18 at 11am

Dr. Hacker will be here to talk with us about **Vascular Disease & Prevention.**

Please [REGISTER](#) by 11/14.

FRIENDSGIVING

Saturday, 11/23

5-7pm (doors open 4:30)

Join your neighbors for a traditional **Thanksgiving Dinner** provided by Valenti's Catering. Dinner music by our very own Bernie Bulte. \$16 per person. Reserved seating so please register at the clubhouse. You can register individually or up to a table of 8. Must have the name of everyone you are registering.



What's YOUR VOTE???? We've had some suggestions to change our annual ladies night format.

The choice is:

1. Christmas Murder Mystery
2. Traditional HHR Silly Game Night

Ballot Box is outside the card room. One vote per household please. Vote by 10/10.

Here's the Scoop



**Tuesday, December 31
7:30-12:30am**

Registration Opens: Monday, 10/14 @ 9am

Featuring: The Charlie Mann Band

Sit Down Dinner provided by Valenti's. Choose your entrée at registration.

Resident's only. Reserved seating — tables of 8. \$55 per person

You may register individually or up to a table of 8. Checks to HHR or credit card accepted at registration.

Registration details will be emailed the week prior to registration.



Join members of the HHR Finance Committee to learn more about the HHR Budget & Financials.

Choose from 2 dates & times:

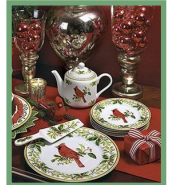
Monday, 10/21 at 2:30

Wednesday, 10/23 at 6:00

No registration needed.



Reminder!!! "A Cup of Christmas Tea" will be held on December 7, 2024. Registration forms for Care and Concern's 21st Annual Christmas Tea will be available at the clubhouse beginning Monday, October 7th. Cost to attend remains at \$35.00 per person (checks only, made payable to Care and Concern). Individual seats or tables of 8 are available. Approximately 10 table hostesses are still needed, so if you would like to host a table for the event, please indicate that on the registration form or contact Nancy Doerer. This involves setting and decorating a table of eight (8). Filling all 8 seats is not necessary – just register and pay for your guests when you sign up. Anyone interested in donating a theme basket to be raffled off, please indicate that on the registration form as well. Also, gentlemen of HHR are encouraged to act as servers at the Tea. If you are interested in helping out or have any questions, please call Nancy Doerer at 314-265-5748 or email ndoerer@charter.net. **REMEMBER, THIS EVENT SELLS OUT QUICKLY, SO MAKE YOUR RESERVATIONS EARLY!!**



**CALLING ALL
SNOWBIRDS**

Before we all fly away for the winter, let's get together. It will be fun to meet fellow travelers and find out how we can connect once we fly south.



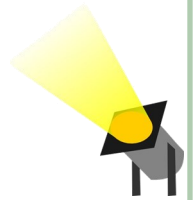
**Monday, October 21 - 4-6pm
Sign up on the bulletin board.**



Clubs & Activities

Resident Spotlight

Thank you to Deb & John Lindell and Stacy Flint for joining together to create our new team of authors for the Resident Spotlight!! We are always looking for new folks to be interviewed. If you haven't been interviewed yet, please let Maggie know and we will make it happen.



HHR Whiskey Club

The club continues tasting great whiskeys. This month we will be tasting Scotch whiskeys, led by Mike Schuermann. The tasting is on Thursday, October 17, at 7PM in the clubhouse ballroom. If you haven't done so already, you can sign up for the club by submitting a check for \$10 per person for initial/annual dues, made payable to HHR Whiskey Club. The cost for the tasting is \$10 per person for members and guests, also payable by check, due no later than noon on Tuesday, October 15. Just drop your check off at the front desk.



If you are not sure and would like to get more information before becoming a member, please send an email to the club email - hhrwhiskeyclub@gmail.com. It continues to be a fun and informative group. And where else will you be able to taste 4 or more whiskeys for \$10.

From the Pro Shop...

Fall has arrived! The Golf Course & Pro Shop hours will be changing to 7:30am-6pm. The Hawkeye Grill will be serving daily from 11am-6pm. (all weather permitting) Happy Hour continues through October every Monday 4-6pm.



Openings are still available for the annual Couples Open to be held on Friday, October 18th. Please sign up at the Pro Shop by Friday, October 11th.

We will begin renewals for 2025 golf season on Tuesday, October 1st. The membership information and packet will be available on the golf section of the hhr lifestyle.org website. Please stop in if you need forms or any additional information. Early renewal period will end on Saturday, November 30th.

Looking forward to cool weather and beautiful fall colors on the golf course.

Ellen & Staff

UPDATES—Same Place/New Time

Line Dancing—Wednesdays at 2:30

Mahjong Wednesdays—12:30-2:30pm

Ballot Information Meetings:

Wed, 11/6 @ 5:30 OR Thursday, 11/7 @ 10am

Annual Meeting—Monday, December 2 at 5:30



Lady Poker Players Wanted

HHR ladies join us the 1st & 3rd Tuesdays of each month from 6-8pm for Low Roller Poker. Haven't ever played, no problem. We can easily teach you. If interested call the poker organizer, Steph Hempel at 636-856-7776.



Clubs & Activities

HHR Genealogy Club 2.0

Next Meeting – 9 October 2024 1 – 2:30 p.m. HHR Clubhouse Activity Room



Subject: Preserving Your Family History (Documents and Photographs, etc.)

All subsequent meetings will be on the 2nd Wednesday of each month in the HHR Clubhouse Activities Room from 1 to 2:30 p.m.

Please let Bill Scroggin (wdsrog@aol.com) know if there is a subject of interest to you for upcoming meetings. If you plan on attending, please let Bill know.

Lady Hawkes Winners: August/September

August 7 - Most One Putts:

Red: tie Sonia Ahn, Marilyn Erter, Doris Haas, Barb Rogers, 3
White: Martha Bredbenner, 4 Blue: Duenda Zwanziger with, 3
Green: Pat Millikin, 3



August 14 – Olympics – ‘just for fun’ Scramble, everyone medaled!

August 21 – Mulligan at every hole

Red: Cheryl Castagna, 31 White: Sandy Wirtz, 35
Blue Nancy Duncan, 37 Green: Sandy Aubuchon, 40

August 28 – Three Blind Mice (select 3 holes to deduct)

Red: Cheryl Castagna, 20 White: Tie Elvira Johnson and Connie Talmadge, 23
Blue: Duenda Zwanziger, 23 Green: Mary Ellen Klotz, 21

September 4 – Wizard of Oz Event – Scramble

The team of Cindy Bass, Sandy Dyrek, Joyce Emrick and Andrea Peebles with a 24
Bringing them to the win with a hole in one and a birdie was Sandy Dyrek!

September 11 – Low Gross

Red: Tie 32, Andrea Peebles, Kathy Schiller White: Barb Metivier, 40
Blue: Jackie DiBerardino, 37 Green: Marcia Orr, 41

September 18 – Low Net

Red: Cheryl Kuhfuss, 24 White: Elvira Johnson, 26
Blue: Mary Ellen Klotz, 27 Green: Dee Snyder, 28

September 25 – Low Putts

Red: Kathy Schiller, 14 White: Tie with 14, Sandy Dyrek, Sandy Wirtz
Blue: Jackie DiBerardino, 15 Green: Joyce Emrick, 15
Birdies, Andrea Peebles, Kathy Schiller Chip-in: Kathy Schiller, Jackie DiBerardino

HHR Golf Committee Corner – October 2024

Since the HHR Golf Course is a big part of our community, your HHR Golf Committee is always looking for feedback and suggestions. If you have a suggestion or comment, please pass your thoughts on to one of the Committee Members: Barb Rogers (Chairperson), Elvira Johnson, Sally Paland, Gary Dyrek, Beth Beckfeld, or Mike Feldewerth.

Remember Golf Course Etiquette – Please fix your ball marks on the greens, and a few others. This effort will help Tammy and her staff continue to keep our greens in great shape. Please keep all 4 wheels of your golf cart on the cart paths at all times.

Resident Hole-in-One - Congratulations to Sandy Dyrek for her Hole-in-One on hole #3 during Wednesday morning Lady Hawkes play on September 4th.

Upcoming Tournaments

The **HHR Couples Open** will be held on Friday, October 18. This is a 2 person / 9 hole alternate shot format, and lunch event. Sign up is open [thru Friday, October 11](#). For more details, the outing flyer can be found on the HHRlifestyle.org website under 'Golf', or click the following link: [HHR Couples Open](#)

The **Men's Ryder Cup** will be held on consecutive days, Saturday and Sunday October 5 and 6. Sign has closed and teams are being formed. For more details, the outing flyer can be found on the HHRlifestyle.org website under 'Golf', or click the following link: [Men's Ryder Cup](#)

The **Women's Solheim Cup** will be held on consecutive days, Monday and Tuesday October 21 and 22. This is an event for the Lady Hawkes Golf League. Players must have an established handicap score record-ed. Lady Hawkes league members will be provided with event details when they are available.

Tournament Results

Labor Day Outing

1st Place Men: Mike Weber, Ed Boyer, Steve Schauer

Consolation Men: Randy Gettman, Gary Mays, Mike Schuermann, Bob Stevens

1st Place Women: Sonia Ahn, Jan Worley, Sandy Wirtz, Martha Bredbenner

Consolation Women: Tricia Parr, Marigene Murphy, Ginger Gettman, Laurie Feldman

1st Place Couples: Bill Emrick, Joyce Emrick, Rocky Sperl, Andrea Peebles

Consolation Couples: Bill Paland, Sally Paland, Larry Rogers, Barb Rogers

Closest to the pin: Tom Barry, Kathy Schiller

Men's Wednesday Night Golf League

1st Place: Steve Aubuchon, Terry Rieder, Gary Dyrek

2nd/3rd Place (tie): Arnie Marcus, Barry Beaster, John Longnecker
Mike Schuermann, Don Skitt, Pat Venditti

Team Aubuchon and Team Sperl had the highest overall average at 18.

Team Reich had the lowest overall average at 12.