

# Putterings

January 2026



## Heritage of Hawk Ridge

225 Pigeon Drive, Lake Saint Louis, MO 63367

636-561-7895 636-625-6646 [hhrlifestyle.org](http://hhrlifestyle.org)

Office Hours: Monday-Thursday 9-4 pm, Friday 9-2 pm

### RESIDENT SPOTLIGHT

#### Jim & Gail Proffitt

Jim and Gail first met in 1987, while working for McDonnell Douglas. Their story is remarkable not only for hard work and success, but unforgettable life experiences.



Jim began in the insurance department. A gifted problem-solver, he became the company's top executive, negotiating with doctors, hospital groups, 17 labor unions, and managing employee and retiree health plans, as well as working with 3 different governors on certificates of need for health care.

Gail started out as a secretary, eventually earning her BS and MBA, and working in public relations, human resources, and with non-profits. A favorite non-profit of hers, Wings of Hope, refurbished donated airplanes and supplied them to third world countries. It was quite an adventure when she served as copilot on a Piper Super Cub that flew over the Amazon to deliver a plane to a Catholic priest so that he could visit his parishes.

Retirement has been filled with rewarding activities and amazing adventures.

Jim volunteered with the American Red Cross for many years, traveling to the southern states in the aftermath of hurricane disasters. As a cancer survivor, he has enjoyed participating in Reel Recovery, which offers free Fly-Fishing Retreats for men living with cancer. Gail enjoys volunteering at the Mary Martha Thrift Shop in Wentzville and teaching a religion class to first graders at her church. In 2013 they took the trip of a lifetime—a National Geographic around the world tour to 11 countries, with visits to Petra, Easter Island, and Tibet. In Sept of 2025, Jim, a Vietnam vet, was blessed to go on the Greater StL Honor Flight to Washington DC accompanied by his granddaughter.

Jim and Gail moved here to HHR in 2017. Their home, which overlooks the third green, is actually their fifth home in Lake St Louis!

Both have been avid golfers. Gail continues to golf. Jim has the distinction of hitting three holes in one during his lifetime—one of them right here on the third hole at HHR! A favorite pastime he says is sitting on his deck, watching how the HHR golfers do on "his hole".

# JANUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1 6:30 Mexican Train (C)	2	3
4	5	6	7 Genealogy (A)	8 11 Quilters (A) 2 Ask a Geek (V) 4:30 Rosary (B)	9	10 <b>Trivia Night 6pm</b>
11	12 1pm Page Turners (C) 6:30 Cribbage (C)	13	14	15 7 Whiskey Club (B) 6:30 Mexican Train (C)	16	17
18	19	20	21	22	23	24
25	26 6:30 Cribbage (C)	27	28 1 Story Tellers (A)	29	30	31 <b>Snowball Bash 6</b>

[printyourcalendar](http://printyourcalendar.com)

## Daily Schedule

### Mondays

9 Exercise  
10 Video Exercise  
1 Bible Study (M)  
1 Low Roller Poker (B)

### Tuesdays

9 Pinochle (M)  
10 Chess Club (C)  
10:30-12:30 Mahjong (C)  
12:30-2 Bridge 101 (M)  
2 Billiards (C)  
3 Heritage Singers  
6 Texas Hold 'Em (B)  
6:30 Men's Poker (B)  
6:30 Open Bridge (C)

### Wednesdays

9 Fitness  
10 Video Exercise  
12:30 Mahjong NL (C)  
2:00 Rummikub Proshop  
2:30 Line Dance (B)  
4 Poms (B)  
6:30 Hand & Foot (C)

### Thursdays

9 Pinochle (M)  
12-3 Open Bridge (C)  
1 Low Roller Poker (M)  
1-3 Craft Club (A)  
3 Billiards

### Fridays

9 Fitness  
10 Video Exercise  
1 Men's Pinochle (M)  
1 Hand & Foot (C)  
6 Pass the Trash (B)

### Saturdays

8:30 Morning Stretch  
9:30 Aerobic Fitness  
10 Billiards

### Save The Date

2/22 Second Nature Band  
4/12 Progressive Dinner  
4/13 Blood Drive

## UPDATES

### FROM JEN

As we welcome the New Year, it's a great moment to pause and appreciate our community and the people who make it special. The past year had its ups and downs, but through it all, the support, kindness, and spirit of those around us made a real difference.

Here's to a fresh start and new opportunities ahead. May the coming year bring good health, happiness, and plenty of reasons to smile. Let's keep looking out for one another, celebrate the small wins, and work together to build an even stronger, more connected place to live and thrive.

I wish you a New Year filled with joy!

### FROM GABBE

#### From the Pro Shop & Hawkeye Grill

Happy New Year! We hope everyone had a wonderful holiday season.

#### January Hours:

The Pro Shop will be open Wednesday-Friday, 9:00 AM-3:00 PM.

The Grill will be serving 11:00 AM-3:00 PM.

Please note: hours are weather-dependent.

#### Weekly Events:

- Happy Hour will continue on Wednesdays from 4:00-6:00 PM.
- Rummikub will also be held on Wednesdays in the Pro Shop at 2:00pm beginning on January 7th and continuing throughout February.

### WELCOME TO HHR

David & Pam Foulk - 567 Owls Perch  
Dale Wilhelm - 2159 Hawks Landing Drive  
Kathy & Mike Gau - 2178 Hawks Landing

*We are so happy that you are here!*



### *SNOWBIRDS*

*Stay informed! Watch your emails and the website.*

## Upcoming Events

**SOUPER MONDAYS**— Noon in the ballroom. Starts Monday, 1/5. Join us every Monday in January & February for some warm soup and neighborly conversation. No need to register, just show up. We can eat until the pot is empty. We need about 6 residents to pick a date to bring a pot of soup each week. Please sign up on the bulletin board to bring soup.



### TRIVIA NIGHT

Let's keep our brains warm in this cold weather!

Saturday, January 10

Doors open at 5:30 / Questions start at 6pm

\$5 per person. Open to adult friends and family.

Register at the clubhouse for up to a table of 8 or join in on a table.



January 31 6-9pm  
Dance the night away with the B.B.Boomers  
\$7 per person - REGISTER by 01/26  
OPEN TO FRIENDS & FAMILY.  
Snacks & Set-Ups included.

### Super Bowl Party - February 8

Doors Open at 4:30 - Game starts at 5:30

Chili & all the fixin's provided. Bring your favorite game day snack to share.

\$6 per person. Open to adult friends and family.

REGISTER by 02/03.



### Fat Tuesday - February 17

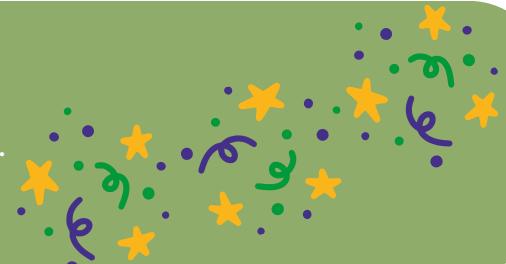
6:30-9:30pm

Music by the Social Distraction Band

Cajun Bites, Hurricanes & Mardi Gras Magic.

Open to friends & family. Open Seating.

\$8 per person, REGISTER by 2/10



### Valentine's Dinner & Dance - Saturday, February 14

Doors Open at 4:30, dinner at 5 and dancing 5:30-8:30pm

Step onto the dance floor for a night to remember with the amazing TOM KELLY.

\$15 per person. Resident's only. Open seating - REGISTER by 02/03.



**Click [HERE](#) to see these flyers with all the details!**

**Use the QR Code to REGISTER for all of these events (except trivia)**



## Club News

**HHR Storytellers** meet every fourth Wednesday at 1 pm in the Clubhouse Activity Room. We each write something to share with the group. You may use the topics below or write about anything you wish to share. Suggestions for January 28

Who makes you laugh?  
A memorable journey  
A beautiful moment in nature  
Something you are grateful for

Absolutely no experience necessary, we do not critique, just listen and question.  
Try something new in 2026!



### HHR Genealogy Club 2.0

Next Meeting – 14 January 2026 1 – 2:30 p.m.  
HHR Activities Room



Subject: Using Newspapers for Family Research

All subsequent meetings will be on the 2nd of each month in the HHR Clubhouse Activities Room from 1 to 2:30 p.m.

Please let Bill Scroggin ([wdscrog@aol.com](mailto:wdscrog@aol.com)) know if there is a subject of interest to you for upcoming meetings. If you plan on attending, please let Bill know.

### Whiskey Club

We're off to what should be another great year of whiskey tastings. We once again will have several guest speakers who will select and present their choice of whiskeys. In January, we will have Mike Grillo from Grillo's Chop and Barrel. He has presented before and always has a great selection of whiskeys. Plus he has a vast knowledge of whiskeys and does a great job presenting.



The tasting this month is on the 3rd Thursday, January 15, at 7PM in the clubhouse ballroom. If you haven't done so already, you can sign up for the club by submitting a check for \$10 per person for dues, made payable to HHR Whiskey Club. The cost for the tasting is still \$10 per person for members and guests, also payable by check, due no later than noon on Tuesday, January 13. Just drop your check off at the front desk.

If you are not sure and would like to get more information before becoming a member, please send an email to the club email - [hhrwhiskeyclub@gmail.com](mailto:hhrwhiskeyclub@gmail.com). It continues to be a fun and informative group. And where else will you be able to taste 4 or more whiskeys for \$10.



### LET'S GET IT STARTED

We know there's a ton of talent at HHR—and we want to see it shine! Maybe you have a skill to share, a hobby you love, or an idea you've been itching to try. From hosting a one-time cooking class to starting a brand-new club, the possibilities are endless. If you're interested, reach out to Maggie in the office and let's make something fun happen!

# Bits and Pieces

Thank you to Everyone for putting out their luminaries this year and for putting out their neighbor's also. This tradition is one of the things that makes this community a special place to live. Please be sure to take out the batteries to use next year.

A special thanks to the following folks that helped place and pick up the luminaries on the common areas: Bill and Sally Paland, John Fairhurst, Kathleen Johnson, Tom Gill, Al Hansen, Beth Beckfeld, Ross Ewalt, Bernie Staley, Kathy Loesch, Rory Teich, Gary Reich, Chuck Jackson, Dave Wanhalo and family, Bob Gray and family, Ken Moore, Don and Joyce Skitt, Ron McDermott, Jim Pozdol, Bob Wudel and Dale Rufkahr.

An EXTRA BIG THANK YOU to Dick Faxon for organizing the Luminary display again this year!

## A reminder from the Architectural Review Committee (ARC).

To realize the many advantages of this community and to preserve the value of the investment that each homeowner has made in their property, the community Association asks for your cooperation in complying with the HHR Rules and Regulations.



Therefore, as stated in the Rules and Regulations, "The homeowner must submit an application for any architectural change to the ARC at the Club office." Not every requirement is identified within the Rules and Regulations. As an example, whenever a homeowner replaces their garage door, replaces or resurfaces their driveway (this does not include re-sealing), an Architectural Change Request needs to be submitted.

Please keep the Rules and Regulations in mind when making changes to your property.

**Fitness Update:** Beginning Monday January 5, Stefani will teach exercise at 9am M-W-F. We will continue to have video exercise class at 10am M-W-F.

Christi will teach the Saturday classes on 01/03 and 01/10. We will pause the Saturday classes after that and continue to assess our needs. We will continue to see Christi through workshops and specialty classes.

Poms rehearsals will resume on Jan. 14th.  
Craft Club will resume on Jan 8th.

**Rummikub** is played at the ProShop on Wednesdays at 2pm. Men and Women. Beginners welcome. Stay for 4pm Happy Hour!



The Progressive Dinner is returning in 2026! We are currently looking for Hosts/Hostess. Registration for the dinner will open 2/2. Please see the FLYER for all of the details.

